

# New Jersey Behavioral Health Planning Council

## Meeting Minutes, January 9, 2019 10:00 A.M.

### Attendees:

Phil Lubitz	Darlema Bey (vice-chair)	Harry Coe (p)	Diane Riley
Connie Greene	Joe Guttstein (p)	Cheri Thompson	Robin Weiss
Shauna Moses	Damian Petino	Marie Snyder (p)	Pam Taylor (p)
Suzanne Smith	Marie Verna (p)	Michele Madiou	
Regina Sessoms (p)	Barbara Johnston	Patricia Matthews	

### DMHAS, CSOC, DDD & DMAHS Staff:

Geri Dietrich	Stuart Waldorf	Mark Kruszczyński	Yunqing Li
Heather Reid	Suzanne Borys	Donna Migliorino	

### Guests:

Nina Smuklavshaya	Rachel Morgan	Laura Richter (p)
Louann Lukens		

(p) Indicates participation via conference call.

- I. Welcome / Administrative Issues / Correspondence / Announcements**
  - A. Quorum Reached: 18 out of 40 members (45% attendance).
  - B. Minutes from December 12, 2018 meeting approved with minor changes.
  
- II. Review of NAMI Family Survey: Summer 2018** (Phil Lubitz) [See PowerPoint presentation, emailed to BHPC, and shown on projection monitor]
  - A. Distribution via “Snowball method” -- recipients pass the survey on to others.
  - B. Family Caregivers are often reluctant to talk about their own needs (e.g., respite, financial) but instead redirect their response to their loved one’s (i.e., the consumer’s) needs.
  - C. Barriers to Access: Many respondents reported that the overuse or misuse of HIPAA (on the part of providers) has been consistently cited by families as a major barrier to their ability to provide care for their family member
  - D. Legal Barriers: 28% respondents indicated legal barriers.
    1. Comment of P.L. Families indicated an issue regarding Involuntary Outpatient Commitment (IOC)
    2. Comment of P.L. Observation that IOC is ineffective. The delivery of IOC should be more like PACT. [IOC] excludes homeless populations. PACT has shown to be an example of effective service delivery.
    3. Comment of P.L.: 20 year decreased life expectancy rate of individuals with SMI. This may be related to increased poverty stemming from the mental illness.
  - E. Residency Barriers
  - F. Health Barriers: 41.8% of survey respondents said that there is a lack of integration of physical health and behavioral health service.
    1. Increased use of Nurse Practitioners has made general improvements in this sphere.
    2. Comment: a Wholistic Approach is recommended; Certified Community Behavioral Health Centers (CCBHCs) might be reduced due to funding.
    3. CCBHCs are a truly integrated model for integrated health services (SUD, SMI, SED, and primary physical health); but they can serve other populations; physical services, peer services. Funded by Medicaid.

- a. Payment models: PPS2 Payment methodology and Encounter-based payments
  - b. 21 indicators Healthcare Effectiveness Data and Information Set (HEDIS)
- G. Barriers to Future Planning: 33.4% of respondents said that it is too easy for their loved one to lose mental health services.
- H. Stigma: 38% of the public remains ill-informed about SMI. 20.8 of respondents reported that media promotes fear of those with SMI, through the desensitization of mental health issues.

### III. **Block Grant** (Donna Migliorino)

- A. 2020-2021 Application: Proposed Guidance was published 12/18/18 in the Federal Register (Vol. 83, No. 248, 67323). The public is solicited for comment to the proposed guidance.
- B. Review of MHBG/SAPTBG Data Dashboard for Performance Indicators SFY2018. [Shown on projection monitor to BHPC]
  - 1. Comments:
    - a. Cultural Competency: No target set yet.
    - b. HIV/AIDS At-Risk: Funding will end due to state HIV infection rates dropping below the level of eligibility required for continued funding.

### IV. **State Partners Involvement**

- A. NJ Department of Education (NJ DOE) (Damian Petino): Greater involvement with Children's Interagency Coordinating Councils (CIACCs). NJ DOE will be reaching out CIACCs in the months ahead.
- B. NJ Division of Vocational and Rehabilitative Services (NJ DVRS) (Cheri Thompson): \$2M for summer internships for youth, aged 14-21 with developmental disabilities.

### V. **Subcommittees**

- A. Housing (M. Ippoliti): List of housing resources planned for posting on SHA's website will be updated.
- B. Membership: Assistant Commissioner Mielke signed an updated BHPC Membership Solicitation Letter (dated 1/9/19).
  - 1. BHPC still needs greater representation among:
    - a. Families with young children with SED.
    - b. Consumers representing diverse and underrepresenting ethnic, linguistic, and cultural groups.

### VI. **Announcements**

- A. Department of Health is hosting a live, in-person 'Listening Session' regarding the DoH budget, which will be held on 1/10/19, 10:00 at the DoH Health and Agriculture Building, in Trenton.
- B. April 1, 2019 NAMI/DMHAS hosting public forum on Community Support Services (CSS) at the Morris County Public Library.
- C. April 4, 2019 NAMI/DMHAS hosting public forum on Community Support Services (CSS) at the Burlington County Public Library.
- D. The BHPC mourns the loss of Lori Romer, beloved wife of Jim Romer, Chair of the BHPC. The thoughts and prayers of the members and friends of the BHPC/CAB are with Jim and his family.

### VII. **VII. Meeting Adjourned**

- A. Next meeting of the NJ BHPC will be held on Wednesday, February 13, 2019 at 10:00 am at DMHAS Headquarters, 5 Commerce Way, Suite 100, room 199a.
  - 1. Subcommittee Meetings on 2/13/19:
    - a. 9:00 AM, Membership
    - b. 12:00 PM, Advocacy